

## LADACIN Network

Administration Procedure: Ad-42

References: NJ School Nutrition Policy Q&A

(<http://www.state.nj.us/agriculture/PolicyQA.pdf>);

School Nutrition Standards (<http://meals4kids.org/federal-nutrition-standards-school-meals>);

Massachusetts Dept. of Elementary and Secondary Education's Child Nutrition Outreach Program (<http://meals4kids.org/federal-nutrition-standards-school-meals>)

Effective Date: June, 2017

Reviewed: September, 2018; October, 2019; December, 2020; October 2021; September 2022

**SUBJECT:** School Wellness Policy

**POLICY:** To provide a comprehensive learning environment for developing and practicing lifelong wellness behaviors. The entire school environment, not just the classroom, shall be aligned with healthy school district goals to positively influence a student's understanding, beliefs and habits as they relate to good nutrition and regular physical activity.

**DEFINITIONS:** School campus is defined as all areas of the property under the jurisdiction of the school that are accessible to students during the school day.

School day is defined as the period from midnight before to 30 minutes after the end of the official school day.

### **PROCEDURE:**

#### I. Wellness Leadership

- A. The title of the school official responsible for oversight of the wellness policy must be established and published.
- B. LADACIN Network School Programs are required to allow certain stakeholders to participate in the development, implementation, periodic review and updating of the local wellness policy.

#### II. Public Involvement

- A. LADACIN Network School Programs must permit participation by the general public and the school community including parents, students, and representatives of the school food authority, teachers of physical education, school health professionals, the school board, and school administrators in the wellness policy process.

#### III. Triennial Assessments

- A. LADACIN Network School Programs must maintain compliance with the School Wellness Policy.
- B. LADACIN Network School Programs must address how the School Wellness Policy compares to model wellness policies.
- C. LADACIN Network School Programs' must measure the progress made in attaining the goals of the School Wellness Policy.

IV. Updates to the School Wellness Policy

A. The School Wellness Policy must be updated or modified as appropriate.

V. Public Updates

A. The School Wellness Policy will be updated on an annual basis at a minimum.

B. The Triennial Assessment will include progress toward meeting the goals of the policy.



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Patricia Carlesimo, Executive Director

September 2022

Date

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Reviewed: 9/22